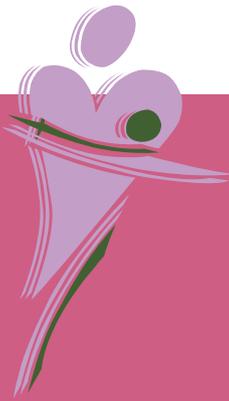


# NEWSLETTER

JUNE 2013



## ICM 30<sup>th</sup> Triennial Congress

Prague, Czech Republic  
1–5 June 2014

Midwives: Improving Women's  
Health Globally



International  
Confederation  
of Midwives

Strengthening Midwifery Globally



Česká Konfederace porodních asistentek



## Congress 'Bonus Discount' deadline Book now for spectacular Prague

Don't miss the **30 June 2013** deadline for booking the Bonus Discount registration rate for the Prague ICM Congress, in less than a year from now.

The 30<sup>th</sup> ICM Congress, which runs from Sunday 1 June to Thursday 5 June 2014 is sure to be amongst the world's top midwifery events with a scientific programme of the highest professional quality.

The first week in June 2014 is a diary highlight for thousands of midwives who are already preparing to travel to the Czech Republic's beautiful capital city of Prague.

Preparations are well advanced as abstracts have been received, the ICM Board has approved its keynote plenary session speakers, and the social programme is being finalised.

The 'bonus discount rate', the cheapest of the three rates available for Prague 2014, provides a Congress registration that is slightly cheaper than the 2008 ICM Congress, using a Euro comparison. The 2014 'bonus discount' registration for the Scientific Congress is 515 Euro and a separate 39 Euro for opening day events with full details on the web site [www.midwives2014.org](http://www.midwives2014.org).

Separating the Opening Day fee from the rest of the Congress ensures that the early bookers are guaranteed a seat in the plenary hall which has a limit of 2,700 seats. The opening ceremony will be live broadcast to an adjacent hall, when the plenary hall has been filled.

Host midwives invite  
you to Prague 2014





## Midwives topping the bill

By the final date for abstract submissions, 1359 midwives had submitted their papers and posters, hoping to present at the Prague Congress. Throughout May, 180 midwife peer reviewers were making assessments using an SPPC\* approved marking system. Each abstract was assessed independently and anonymously by two midwives.

Midwives from 85 countries submitted abstracts with the highest numbers from UK, Australia, Japan and USA. Other countries with record numbers of abstracts included the Netherlands, Brazil, New Zealand, Ireland, Canada and Spain.

*\* The SPPC is the Scientific Professional Programme Committee consisting of esteemed midwives from each ICM region and co-chaired by Margaret McGuire and Karen Guilliland*

### Stop Press:

From the first analysis at least 650 abstracts have been accepted and notification will be sent in July once the reviewing process has been completed (as further details become available they will appear on the congress web site).

## Where to stay in Prague?

ICM and its agents in Prague have identified a range of hotels and accommodation for a variety of budgets. There are many hotels in Prague which are available for booking independently through the Prague Tourism website [www.praguewelcome.cz](http://www.praguewelcome.cz) but the ICM has selected a variety of accommodation that offers reasonable value for the price charged, reasonable accessibility to the Congress Venue and cleanliness; see [www.midwives2014.org](http://www.midwives2014.org) for details. In each newsletter Congress Manager Malcolm MacMillan gives a review of two or three hotels to help you with your final choice, and in this issue we look at two budget accommodations and a four star hotel.

## Gala Night

**The Prague Gala Night, with a sensational programme will be held on Tuesday evening, 3<sup>rd</sup> June 2014 at the Industrial Palace, a short journey by tram outside central Prague.**

The 1,500 places will be booked on a 'first serve' basis. Early booking is recommended as the amazing Durban Gala night had over 100 people on the reserve list and 200 people queuing up for return tickets.

All Gala guests will be seated at round tables for a buffet of Czech cuisine, enjoy some exceptional entertainment, and then dance the night away to the Moondance Orchestra.

You will be met by dancers, jugglers and stilt walkers and offered bread and salt (a national custom). A Czech Festival Director and a Choreographer have been recruited for the evening which will feature contemporary dance, new cirques acrobatics and music from the Yellow Sisters – a quartet with amazing costumes and stage presence. As darkness falls, Pa li Tchi will provide an exceptional display of fire torch juggling.





# ICM 30<sup>th</sup> Triennial Congress

Prague, Czech Republic, 1–5 June 2014

## Fortuna City Hotel

*Fortuna  
City Hotel*

It claims to be a three star but is probably 2\*. The price is 38 Euro for single, 46 Euro for double and 55 for triple room per night. It is a little bit out of town but has the tram system and the metro nearby (20 minutes to Congress centre by Metro).

Rooms are clean and tidy but ensure you book a non-smoking area if it is required. Buffet breakfast is included in the price and served in a modern restaurant. It is a very popular hotel with groups because of the price so can be quite busy. Wi-fi is free in the lobby area but a daily charge for room wi-fi.

A survey of trip advisor comments favours it as 'good value', but some criticisms needs to be balanced against the lower price being charged.

*Comment: for the price, this is reasonable value with reasonable quality space. The outside does not look like a hotel and the area may appear a little run down but inside the reception and meeting area are welcoming. This is two and a half star accommodation in an area away from the city hub but with easy access to the centre and the congress venue.*



*Park Inn Hotel*

## Hostivar University Accommodation

Single rooms are 20 Euro and a double is 37 Euro per night, breakfast is included in the price. These are standard university rooms: small clean and functional with toilet and shower. Sometimes toilets may be shared (check on booking). Basic kitchen facilities are provided and there is a restaurant on site.

This accommodation is outside the City and will take around 30 minutes to get to the congress centre by bus and metro. Trams and buses are a 2 minute walk from the front door of the accommodation Comment: the rooms are small so if sharing a twin room make sure it is with a good friend.

*Comment: Access to the venue and the city takes a bit longer than other accommodation but the free transport pass and good availability will ensure that those on low budgets don't need to worry about additional costs. The surrounding area has graffiti covered buildings but that is the same in lots of places in Prague so don't let it put you off. This is a clean basic shelter, no frills, no additions, and typical of university student rooms. Youtube has a four minute tour from a student perspective.*

## Park Inn Hotel

This is a four star art deco styled hotel costing 127 Euro per night for a single room and 138 for a shared room (breakfast is included in the price). Hotel Transport is provided up to the congress centre (5 minutes) and the return is a 20 minute walk (downhill) or share a taxi for 6 or 7 Euro (140 crowns at today's price).

Rooms are spacious and wi-fi is free in all areas. There is a gym on the fifth floor but no pool. The restaurant provides excellent service and a good choice of food.

The tram to the City takes about 10 minutes and is less than 100 metres from the hotel.

*Comment: this is good value in a comfortable hotel, especially if sharing. Not being immediately near the Metro is balanced by the regular trams to the old town or other parts of the City. Transport to the Congress Centre is a good initiative by the hotels and the walk back to the hotel might be experienced once! See if you can get a fifth floor room with a view over Prague. Some rooms have a spacious balcony but an extra charge is made.*



## *Mluvme trošku Český!*

## Let's speak some Czech!

In the last two issues some phrases have been provided to help delegates get the best out their visit to Prague. Malcolm MacMillan, ICM Congress Manager joins up some Czech phrases or words from the first two newsletters. Personal pronunciations are given here but this is not an exact science.

### **Dobry Den. Jak se máte?** –

Good day. How are you?  
(Pronounced *do-bree dehn:*  
*yak-seh-mah-te?*)

### **Dobry Den: Těší mě** –

Good day: nice to meet you  
(*Do-bree dehn: Tye-shee mye*)

### **Kolik to stojí, Prosím?** –

How much is this, Please?  
(*Koh-leek toh stoy-ye, Pro-seem?*)

### **Děkuji; Na shledanou** –

Thank you; goodbye  
(*Dye-koo-we; nah-skleda-noh*)

## And revising the essentials

**Yes** – ano (*Ah-noh*)

**No** – ne (*Neh*)

**I'm sorry** – Promiňte (*Prom-min-teh*)

**Cheers** – Na zdraví (*Nah sdravee*)



## Congress web site heading for 100,000 visits

International interest in the ICM Congress is coming from a record number of countries. With the current level of visits nearing the 90,000 level from 168 countries, the sustained interest has reached remarkable numbers. Highest level of interest was 2,297 visitors in one day. With one year to go until Prague 2014, the total visitor numbers is likely to double. Check the flag counter and the interest from your country at [www.midwives2014.org](http://www.midwives2014.org)

## Free Public Transport Travel in Prague

A Travel Pass will be issued by Prague Convention Bureau which will allow congress delegates to travel on metro, and trams without charge. Further detail will appear in the next newsletter about travel from the airport to the centre of Prague and hotels.