

SRH Indicators: SOMSA call to action

Kholeka Makhathini

Background

- **The *Global Strategy for Women's and Children's Health***: attempts to **save lives** and improve the well-being of women and children.
- 2030 Agenda for **Sustainable Development Goals** builds on the momentum achieved in the strive to achieve MDGs.
- To ensure health and well-being for every woman, child and adolescent, we must build on what has **worked in the past** and use what we **have learned** to overcome existing and emerging challenges.

Background (Cont.....)

- The three overarching objectives of the updated *Global Strategy* are Survive, Thrive and Transform.
- No woman, child or adolescent should face a **greater risk of preventable** death because of where they live or who they are.
- By 2030 every women, child and adolescents in every setting realizes **their rights** to physical and mental health and well-being; has social and economic opportunities, and is able to participate fully in shaping prosperous and sustainable societies.

Vision of the strategy

Objectives

- Survive – end **preventable** deaths
- Thrive – Ensure health and well-being
 - Ensure **universal access** to SRH services including Family Planning and rights.
- Transform – Expand **enabling environment**.
 - Ensure that all **girls and boys** complete free, equitable and good quality primary and secondary education.
 - All eliminate all **harmful** and all discrimination and **violence** against women and girls.

Women's Health challenges

- Despite progress, societies are still **failing women** and in **poor countries**, and **poorest women** in most settings.
- **Gender based** discrimination leads to economics, social and health disadvantages for women affecting their own and family's well-being in complex ways.
- Gender equality is **vital health** and development.
- In 2013, an estimated 225 million have **unmet needs of Family Planning**.
- 8% of deaths were attributable to **unsafe** abortion
- 270 000 women die of **Cervical Cancer**
- 1 in 3 women aged 15 – 49 years experiences Physical and/ Sexual violence within or outside their homes.

Adolescent's Health Challenges

- Globally millions of adolescents die or become sick of **preventable causes**.
- Too few have access to information and integrated Youth Friendly Services and especially to Sexual and Reproductive Health without facing discrimination or other obstacle.
- In adolescents, two leading causes of deaths are **suicide** and **complications** during pregnancy and child birth.
- 2.5 million girls **under 16** years gave birth
- 15 million girls **under 18** years are married.

SRH indicators in RSA

- CYPR
- Cervical cancer screening coverage
- Delivery in facility 10 – 19 years
- CTOP
- Post Exposure Prophylaxis

SRH Challenges

- CYPR – Stock outs
- Poor access to Safe TOP hence backstreet abortion (easy access to Cytotec)
- Conscientious objection to CTOP hinders provision
- Sexual assault victims often do not report because of stigma
- If sexual assault clients report late (after 72 hrs) where PEP could not be provided
- There is a concern about children under 12 being sexually assaulted

Strategies

- Midwives have been associated with pregnant women however they have a major role in integrating SRH services for better pregnancy outcomes..... (Safer conception)
- Enabling environment : SOMSA strengthen midwives' integrity and professionalism
- Competency
- SOMSA in partnership with DOH to achieve positive outcomes

SRH Package

- Contraception or Safer Conception
- CTOP
- GBV prevention & response
- Non-communicable disease
- Nutrition
- STIs
- HIV
- TB
- Breast & cervical cancer

